A NEWSLETTER OF THE SAN DIEGO RESCUE MISSION • HOLIDAY 2021

The power of your love... in action

Thanks to you... *Tasha* has been given a life-changing gift this Christmas.





Celebrating rebirth this Christmas.

3 "Thank you for believing in me."





ost of the people who enter our Mission Academy have a story behind their story. They come to us hoping to break free of homelessness and addiction, but unfortunately there's often past trauma at the heart of their circumstances that must be resolved to truly be set free. This was true for Tasha's story.

Tasha arrived at the San Diego Rescue Mission last October broken and angry. She was homeless, separated from her three young children, and desperate for housing and a job. More than anything, she needed someone to really listen. She'd come to the right place.

Once Tasha realized she could trust our caring staff, she revealed her heartbreaking story about how she was subjected to sexual abuse as a young girl, something she'd never told anyone before. And she shared about the extreme physical abuse doled out by those who were supposed to love and protect her. "When I was 5, my auntie put a gun to my temple and threatened to kill me," Tasha says. "So, me and my sisters got taken away from her and we ended up going to a group home and then foster care."

Throughout her life, Tasha held all the heaviness of her childhood inside, not knowing how to cope with it. "I just pushed it all the way down," she says. "I tried to act like everything was okay. But it wasn't."

Through our Mission Academy's trauma-informed care model, Tasha is working through all the hurt. "This is the first time I've had someone process this with me," she says. "And my therapist is giving me tools and skills to cope."

It's going to be a Christmas filled with hope for Tasha – and she's grateful to you for this wonderful gift of a new life. "Thank you for believing in me, for giving me a second chance at life to do things right in the eyes of God."

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A Message from DONNIE DEE

Celebrating Christmas with JOY for All People

In Luke 2:10, the angel says, "Behold, I bring you good tidings of great joy, which shall be to all people."

During the Christmas season, we hear a lot about joy. It has me thinking about how joy is something *all people* can have in their hearts. This time of year, our greatest joy is celebrating the birth of our Savior and the eternal life we have been freely given.

That joy is what fills our hearts Christmas morning... and, hopefully, every day of the year. It's the same joy I see on the faces of the children, women and men who have come to the San Diego Rescue Mission and experienced God's life-changing love up close and personal. The joy YOU help them experience through your heartfelt prayers and support.

This Christmas, as you reflect on the "reason for the season," I hope you will remember our neighbors who are hurting. As Tasha's story shows, your generosity offers help, healing and a chance to be held in the arms of a loving God.

I am continually humbled by the faithfulness of friends like you who joyfully bless others here in San Diego County. Thank you, and may God fill your heart with peace and love.

Donnie Dee

President/CEO

A delicious Christmas meal for our homeless neighbors...

... STARTS WITH YOU!

As you prepare to celebrate the joy of Christmas, please remember our hurting neighbors. It's been another really tough year for so many in our community – and the very best gift you can give them is the help they need right now!

<u>Just \$2.05 provides a meal and care for</u> <u>one person</u>. That meal is often the first step toward a new life through God's love.





Please Send Your Christmas Gift Today!

SEE HOW YOU HELPED CHANGE TASHA'S LIFE!

Year-End Matching Challenge DOUBLE YOUR HELP!

Here's a huge blessing as we end this year: Thanks to a generous friend/group of partners, **any gift you make until December 31** will be matched through our \$100,000 challenge grant!

That's right... your gift today <u>doubles</u> to provide <u>twice</u> the food, shelter and care. And that means twice the hope for many of our neighbors who are still struggling to get back on their feet.

DEADLINE TO GIVE: 12/31

Add your special year-end gift to the reply card and send it today.

Give online anytime at SanDiegoRescueMission.org. THANK YOU for doubling your impact during our matching challenge!

"The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you and give you peace." -Numbers 6:24-26 (NIV)

Wishing you and your loved ones a Merry Christmas!

During this joyous holiday season, our prayer is that God will richly bless you just as you have blessed your hurting neighbors. Your incredible generosity has opened the door for healing and transformation by providing 383,250 meals and 127,750 nights of safe shelter this year - plus housing placement to offer safety and stability to more men, women and families in need.

May His face shine upon you and bring you peace, comfort and joy... today and all throughout the new year. Thank you, and Merry Christmas!



3 Easy Ways YOU Can Help **During the Holidays!**

FEED HUNGRY FOLKS



Want to nourish your neighbors? Donate these foods to help prepare thousands of meals this holiday season. Please deliver them to 120 Elm Street in San Diego, Monday - Friday, from 7 a.m. to 5 p.m.

turkeys & hams * boxes of stuffing * bags of potatoes * canned fruits and vegetables * dinner rolls * coffee, creamer { sugar





MEET BASIC NEEDS

Looking to cover the basics? These essential items keep guests safe and comfortable during their time in our care. Please drop off donations at 120 Elm Street in San Diego.

Shampoo & Conditioner * Deodorant * Twin Size Comforters * Pillows * Bath Towels * Pajamas (SM-XXL)

GIVE GIFT CARDS



No time to shop? Donating gift cards for these merchants helps purchase holiday gifts as well as year-round necessities. Please mail or deliver them to 120 Elm St. in San Diego.

Walmart * Target * Marshalls * Ross * Dollar Tree * McDonald's

THANK YOU FOR MAKING THIS CHRISTMAS A TIME OF JOY!